

Mantoukou Maria

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Education

Panteion University of Social and Political Science, MA Culture and Cultural Management, 2020-2022 [MA thesis: Subsidies and funding as a tool of contemporary dance development].

Department of Communication and Media, National and Kapodistrian University of Athens, 2006 - 2011.

Higher Private Professional Dance School "Niki Kontaxaki" Nikoletta's Bakali, Diploma in Dance Department of the Ministry of Culture, 2006 - 2009.

Work experience

Social media manager/content writer (freelance), kogeorgos.gr / drkogeorgos (fb/Instagram), April 2021 – February 2023.

Communications trainee/assistant, Culture Action Europe, Beyond the Obvious: Handle with Care Conference (on site), 7-9/06/2023, Eleusis Cultural Capital of Culture 2023 & 26/06-18/08 (remote).

Freelance Greek content writer, medical websites, December 2018-January 2021.

Social Media Administrator, "Skytali" Dance Educational Project, October 2015 - July 2016.

Content Writer, uniquelife.gr, October 2014 - May 2016.

Content Writer, cinema news, stayin.gr, October-December 2014.

Media Specialist / Content Writer (February 2012-March 2013) & internship in Media and Communication - content writing (September 2011-February 2012), Studio Kinitiras - Artistic Residency Center.

Visitor experience, Life in Space exhibition, October – December 2023.

Usher, Athens and Epidaurus Festival, July – October 2020, June-July 2021, May – October 2022, May – October 2023.

Visitor Experience, Eleusis 2023 European Capital of Culture Opening Ceremony, 04/02/2023.

Archiving - documentation of the permanent collection, Municipal Gallery of Nikaia – St.Ioanni Redi "Dinos Katsafanas", (internship), 19-23/07/2021.

Sales assistant, "Notos Home" Department Store, Posto Company, August 2007- August 2008.

Dance teaching experience

Creative Dance, "Melissa" Kindergarten, 2016 – 2023.

Ballet for Rhythmic Gymnastics athletes, "A.G.S Sirius" Salamina, 2018 - 2021.

Ballet and Contemporary Dance, YMCA Nikaia Branch Dance School, 2015 – 2020.

Creative activities (movement / dance), Municipality of Keratsini - Drapetsona, -"Zaharenia Anemi", 17/06 - 19/07/2019, 23-30 December 2017.

Creative movement and contemporary dance, Art Department of Keratsini Municipality, 2016 - 2017.

Creative movement and contemporary dance in public secondary schools, "Skytali" Dance Educational Project, Isadora & Raymond Duncan Dance Research Center - Creo Dance Company, 2014 –2016.

Animator, creative activities for children aged 6-12, "Summer Camp in the City of Elefsina" - "Dro", 23/06 - 25/07/2014.

Ballet and contemporary dance, Higher Professional and Amateur Dance School "Alexander Hatziaras", 2013 - 2015.

Creative movement (volunteer position), "Ark of the World's" Kindergarten (non-profit organization), April - June 2013.

Skills

Languages: Cambridge Certificate in Advanced English (CAE).

Computer skills: Global Intermediate Express, Global Cert A & B, [Canva, CMS, Wordpress, Mailchimp, Social media management Meta Business and Hootsuite, SEO].

Driver's license: categories A2, B.

Workshops/Seminars

"New Dance Writing" workshop, Onassis New Choreographers Festival 7, S.Roy(Springback Academy), A.Koukoutas, B.Panagiotara, 31/01 – 03/02/2020.

"The Art of Rhythm through a Holistic Approach", rhythm and percussion seminar, led by Y.Papatzanis, Municipality of Keratsini-Drapetsona, January - June 2019.

"Everything about the script", Scriptwriters Guild of Greece, November 24-25, 2018.

«Dance and drawing training course 1», Segni Mossi, Isadora & Raymond Duncan Dance Research Center, 7-8 January 2017.

Contemporary dance: Hofesh Shechter Company, Kinkaleri Dance Company - 2017, E.A.Faro – 2012, R.Olivan, M.Klien – 2011, M.Kejzar, M.Pomero & J.Monty, A. Kanellopoulou, A.C.Albright – 2010, T.Stoffer, J.C.Hajzer, A. Kanellopoulou – 2009, Vardimon Dance Company – 2008, Vertigo Dance Company – 2007.